

Minutes of CFUW General Meeting Victoria  
April 20, 2023

Windsor Park Pavilion and by Zoom

Welcome

7:03 PM

Territorial Acknowledgement

Approval of the agenda

Melanie added two items: (1) New Business: Nominations for 2023/24 Executive (2) prior minutes: An oral review of the March 16th minutes will take place.

Guest Speaker: Rachel  
McDonnell

7:10 introduced Cliff Power, Founder of Extreme Outreach Society

Approval: Minutes March 16, 2023 meeting  
8:02 MOVED, SECONDED, CARRIED as amended.

Executive Reports:  
President: Melanie Wade

8:11: Message from BC Council: today was the deadline to register for the BC AGM in Vancouver.  
The BC Poverty Reduction Survey was attached to the email.  
The National newsletter advised that CFUW re-branding and website development will be shelved until the summer. There could be new templates or a new logo.

Membership: Shirley Lucyk

New member tea: Shirley's house May 13th 2:00 – please bring friends! AGM will celebrate those with 30+ years membership. A short biography has been requested from these members.  
Shirley is meeting potential members for tea at Murchies. Claudia, a new member, was attending tonight's meeting by Zoom. Membership renewal is going well, more and more members are wearing name tags to events.

Secretary: Marcia Stromsmoe Nothing new to report

Treasurer: Anne Wraggett Year end is being completed, to be presented at the AGM.

Programs: Rachel McDonnell nothing new to report

Communications: Mary  
Wilson Smith nothing new to report

Neighbourhood Groups:  
Janice Scharf nothing new to report

Interest Groups: Pat Dunphy A new knitting group meets every 2<sup>nd</sup> Monday.  
Thank you to Maria Barnes for the free yoga classes, which have been discontinued due to a lack of attendance.

Advocacy: Alix Paalvast  
Neighbourhood Engagement Half of the NG groups took part in this initiative. When it was proposed, we hoped for 50% participation so this was considered a success. Two

Project	other groups are still discussing projects. Next step: groups submit a brief write-up for the newsletter.
Elder Action Day Event	<p>First webinar: Thursday, April 27, 2023, 4:00 pm, Isobel MacKenzie, BC Seniors Advocate and Dr Carole A. Estabrooks of the National Seniors Council will discuss how to achieve a better quality of life for aging Canadians while also supporting health care workers and caregivers.</p> <p>Second webinar: Thursday, May 4, 2023 at 1:00 pm, Melissa Chang and Jen Recknagel, both Directors with the NORC Innovation Centre (Naturally Occurring Retirement Communities) will discuss aging in the community and how to develop supportive communities.</p>
S&B: Aileen Lingwood	Aileen read an example of a thank you letter from an award recipient.
New Business: Nominations for 2023/2024 Board:	8:20 Melanie advised that the past executive has agreed to serve for the next year, except Alix Paalvast, who was Advocacy chair. Kim St Claire is nominated to take over that position. Thank you Kim!
Next Meeting: Annual General Meeting	AGM and Dinner, Sunday May 28th at 5:00 pm., dinner at 5:30 pm. The business meeting begins at 6:15 pm for those not attending the dinner. Venue: Esquimalt Gorge Park Pavilion, 1070 Tillicum Road.
Adjournment:	8:25 PM.